

SAFE PLACE

SUICIDE

SURVIVOR



PEER

SUPPORT

Safe Place provides free peer support at 7:00 PM on the last Wednesday of each month (except December) for those who have lost a loved one to suicide.

Safe Place Meetings are designed to provide suicide survivors with a supportive environment where they can talk about their thoughts and feelings and share experiences tied to their loss in the company of people who are coping with similar emotions and issues.

The meetings are held at South Shore Centre in Brooks and are only for those who have lost a loved one to suicide. Participants must be at least 18 years of age.

To learn more about the group and location please contact Lois at **(403) 378-4550**.



Grief Resource Centre, Unit 1 - 500 Cassils Road East, Brooks, Alberta

(403) 501-1010

www.thomsfuneralhome.com